



2020 Martins Ferry Relays Schedule of Events

4 p.m. – Finals in All Field Events (All events will be three throws, jumps and vaults, added together as a team to determine who wins the event)

**Shot Put (Girls)
Discus Boys (Boys)
High Jump (Girls)
Long Jump (Boys)
Pole Vault (Boys followed by Girls)**

4:30 p.m. Semi-Finals (Top 8 Times to the finals. Six Participants will score)

**100/110HH (G then B)
Boys 1600m Run (Final)
100m Dash (G then B)
Girls 4x800m Relay (Final)**

***5:00 p.m.**

**Finals
100m/110m HH (G then B)
100m Dash (G then B) Girls
Girls 1600m Run
Boys 4x800m Relay
Girls Sprint Medley Relay (100m, 100m, 200m, 400m)
Boys Sprint Medley Relay (100m, 100m, 200m, 400m)
300m Hurdles (G then B)
Girls Distance Medley Relay (1200m, 400m, 800m, 1600m)
Boys Distance Medley Relay (1200m, 400m, 800m, 1600m)
Shuttle Hurdle Relay (G then B)
4x400m Relay (G then B)**

***If needed, a short break will be given.**